

# Curtis Biggs Warm-up August 2020

\*I use this same warm-up for bass or tenor trombone.

**1A** Gliss all notes

etc. down a half step each time.  
When you get to F, go back to  
1st position and start using the valve.

Valve-----

Valve-----

**1B** Gliss all notes

etc. down by half steps.

**1C** Gliss all notes. Can also play in higher partials or in the trigger range.

**2A** Play slow to moderate tempo

etc. down to 7th position

Musical notation for exercise 2A, showing a sequence of four measures in bass clef with a key signature of one flat. Each measure contains a slur over a group of notes, with a fermata over the final note of each slur. The notes are: G2, A2, B2, C3; G2, A2, B2, C3; G2, A2, B2, C3; G2, A2, B2, C3.

**2B** etc. down to 7th position

Musical notation for exercise 2B, showing a sequence of four measures in bass clef with a key signature of one flat. Each measure contains a slur over a group of notes, with a fermata over the final note of each slur. The notes are: G2, A2, B2, C3, D3, E3, F3, G3; G2, A2, B2, C3, D3, E3, F3, G3; G2, A2, B2, C3, D3, E3, F3, G3; G2, A2, B2, C3, D3, E3, F3, G3.

Can slur or gliss.  
Can start on a lower pitch if desired.

**3**

Musical notation for exercise 3, showing two measures in bass clef with a key signature of one flat. Each measure contains a slur over a group of notes, with a fermata over the final note of each slur. The notes are: G2, A2, B2, C3, D3, E3, F3, G3; G2, A2, B2, C3, D3, E3, F3, G3.

Down by half steps as far as you want.

Musical notation for exercise 3 continuation, showing two measures in bass clef with a key signature of one flat. Each measure contains a slur over a group of notes, with a fermata over the final note of each slur. The notes are: G2, A2, B2, C3, D3, E3, F3, G3; G2, A2, B2, C3, D3, E3, F3, G3.

**4** Can optionally tongue the pedal note. Bass trombonists can optionally continue lower by half steps.

Musical notation for exercise 4, showing six measures in bass clef with a key signature of one flat. Each measure contains a slur over a group of notes, with a fermata over the final note of each slur. The notes are: G2, A2, B2, C3, D3, E3, F3, G3; G2, A2, B2, C3, D3, E3, F3, G3; G2, A2, B2, C3, D3, E3, F3, G3; G2, A2, B2, C3, D3, E3, F3, G3; G2, A2, B2, C3, D3, E3, F3, G3; G2, A2, B2, C3, D3, E3, F3, G3.